



GRANTS and AWARDS

Grant submission DEADLINE is March 1st and July 1st annually. Applications available on the ENS website.

NURSING RESEARCH GRANT or CLINICAL IMPROVEMENT PROJECT \$2,500

[For More information Go to ENS Website](#)

POSTER AWARD \$750

[Contact ENS](#) to get support and guidance in preparing a grant application, an abstract and/or tips for making an effective poster.

MICHELE MIMS TRAVEL GRANT \$750

The Endocrine Nurses Society restricted travel grant supported by our Pharmaceutical Sponsors allows nurses to apply for a maximum \$750 travel grant towards their attendance at any

Endocrine Nurses Society Symposium

BETSY LOVE McCLUNG ENDOCRINE NURSE DEVELOPMENT AWARD \$3,000

Grants and Awards	<u>Page 1</u>
In The News	<u>Page 1</u>
President's Corner	<u>Page 2</u>
Member Achievements	<u>Page 3</u>
ENS Annual Conference 2023	<u>Page 4</u>
Team Pituitary Conference	<u>Page 5</u>
Member Spotlight	<u>Page 6</u>
Advocacy	<u>Page 7</u>
Donate	<u>Page 8</u>
Sponsors	<u>Page 9</u>

IN THE NEWS

[FDA Approves First Drug That Can Delay Onset of Type 1 Diabetes](#)

[Diabetes Drug Mounjaro Shown to Have Extraordinary Weight Loss for People Without Diabetes](#)

[A Second Opinion: A Novel Approach To Treating Hypothyroidism Shifts The Focus From TSH Levels](#)

[Self-Esteem of Children with Short Stature Tied to Social Supports, Not Height](#)

President's Corner

Your Board put together a wonderful half day Research and Beyond Symposium at ENDO 2023 this year in Chicago where we learned more about Kleinfelder's and quality of life, implementing nursing research, future directions in the treatment of insulin deficient diabetes, and how nursing is positioned to improve access to care for patients with endocrine disorders in the future. As we begin to plan for next year's research symposium in Boston, we invite you to become part of the future of Endocrine Nursing by sharing case studies, lecturing in the area of your expertise, applying for poster and travel grants as well as research grants.

As we hit the heat of midsummer, your ENS Board is now actively completing the final preparations for our 32nd annual and 5th Regional Endocrine Symposium in Chandler Arizona on October 28, 2023. This full day event will provide 5.5 CMEs and is free to members of ENS. The program is designed to meet the needs of RNs and APPs providing Endocrine care and covers topics in diabetes, adrenal, and pituitary disorders. Learn more at <https://endo-nurses.org> and Register! This is a great opportunity to get some CME and enjoy the Arizona's finest in hiking, golf and more when the temperatures are perfect!

Finally, we want to hear what you value in your specialty nursing organization and how we can better meet your needs. Please feel free to send me personal emails at debgre021.ens@gmail.com. Your input will help us make decisions in your interest for 2024 and beyond.

*Best,
Deb Greenspan*



Member Achievements

Case report: Optimizing the transition from injectable to oral treatment for acromegaly

Chris Yedinak, Karen JP Liebert, Jessica Williams





32nd Annual & 5th Regional Conference

“ENS 2023”

Saturday October 28, 2023 *in-person*

9:00am-7:30pm

Chandler Center for the Arts
250 North Arizona Avenue, Chandler, Arizona



6.0 Category 1 CME & 2.0 Pharmacology *applied*

Breakfast * mimosas * lunch * reception * wine * included



Diabetes Guidelines & Therapies Updated

Kathryn Evans Kreider DNP, APRN, FNP-BC, BC-ADM, FAANP*

Duke School of Nursing, Durham, North Carolina
ENS – Endocrine Nurse Development Awardee 2022



Diabetes Technology Deciphered

Samantha Lange MSN, FNP-C, CDCES

Barbara Davis Center for Diabetes, Colorado University School of Medicine, Aurora, Colorado



Telehealth Outreach & Health Equity: The Rural Patient

Gauri Behari MD, MPH

Carl T Hayden Veteran’s Administration Medical Center, Phoenix, Arizona



Adrenal Adenomas & Their Paradigms

Chris Yedinak DNP, FNP, MN*

Oregon Health & Sciences University, Portland, Oregon



Raven McGlotten MSN, RN*

National Institutes of Health, Bethesda, Maryland

Beginner’s Guide to Assessing a Thyroid Ultrasound

Gayle Mitura RN, MSN, FNP-BC, AGACNP-BC*

Hospital University of Pennsylvania, Philadelphia, Pennsylvania



Growth Hormone Endocrinopathies from 0-99yrs

Oliver Oatman DO

Phoenix Children’s Hospital, Phoenix, Arizona



Chris Yedinak DNP, FNP, MN*

Oregon Health & Sciences University, Portland, Oregon



Lessons to be Learned from a Patient with Acromegaly

Laura Cheng RN*

Angier, North Carolina

*ENS member



“Team Pituitary”
ENS & Barrow Collaboration
Saturday November 4, 2023



Barrow Neurological Institute
350 W Thomas Rd., Phoenix, Arizona 85013

6.5 Category 1 CME applied In-person only



register

 Kevin	 Chris	<p>0900-1000 Pituitary Tumor – what now Kevin Yuen MD, FRCP (UK), FACE <i>Professor of Neurology, Medical Director Barrow Pituitary Center & Barrow Neuroendocrinology Clinic, Phoenix, Arizona</i> Chris Yedinak DNP, FNP, MN* - ENS Immediate Past President <i>Associate Professor, Department of Neurosurgery, Oregon Health & Sciences University, Portland, Oregon</i></p>
 Connie		<p>1000-1030 Diagnostic Testing Gems Connie Burten BSN, RN* <i>Clinical Nurse Coordinator, Barrow Pituitary & Neuro-Endocrine Center, Barrow Neurological institute, Phoenix, AZ</i> Eva Duran APRN, FNP-C* <i>Nurse Practitioner, Radiation Oncology, Head & Neck Program, Barrow Neurological institute, Phoenix, AZ</i></p>
 		<p>1100-1200 Pituitary Surgery Top 10: Barrow Essentials for Medical Providers Andrew Little MD <i>Professor of Neurosurgery, Barrow Neurological Institute, Phoenix, AZ</i></p>
 		<p>1200-1230 Pre & Post-op Pearls in Patient Education (PPPE) Terry Maxwell RN - <i>Barrow Neurological Institute, Phoenix, AZ</i></p>
 		<p>1330-1430 Pituitary Infertility Vinay Gunnala MD <i>Reproductive Endocrinology & Infertility, Southwest Fertility Center, Phoenix, AZ</i> <i>Clinical Assistant Professor, Department of Obstetrics & Gynecology, University of Arizona College of Medicine-Phoenix, Arizona</i></p>
 Mark	 Melanie	<p>1430-1530 When Pituitary & Diabetes Intersect Mark Molitch MD <i>Professor Emeritus, Division of Endocrinology, Metabolism & Molecular Medicine, Northwestern University Feinberg School of Medicine, Chicago, Illinois</i> Melanie Westfall FNP-C* <i>Nurse Practitioner, Asante Endocrinology & Diabetes Education, Grants Pass, Oregon</i></p>
 Mark	 Chris	<p>1600-1700 Treatment Failure – now what Mark Molitch MD <i>Professor Emeritus, Division of Endocrinology, Metabolism & Molecular Medicine, Northwestern University Feinberg School of Medicine, Chicago, Illinois</i> Chris Yedinak DNP, FNP, MN* - ENS Immediate Past President <i>Associate Professor, Department of Neurosurgery, Oregon Health & Sciences University, Portland, Oregon</i></p>
 		<p>1700-1730 Lessons to be Learned from a Patient’s Perspective Laura Cheng BSN, RN* <i>MSN student, Duke University School of Nursing, Durham, NC</i></p>

*ENS Member

MEMBER SPOTLIGHT

What does being an ENS member mean to Salsa?

Being an ENS member means being around like-minded nurses who seek to advance knowledge and treatments within Endocrinology through research, education, and interdisciplinary collaboration.

Tell us more:

Salsa is a full time Registered Nurse and AGNP student.

Commitment to Endocrinology:

Salsa is currently advancing her knowledge in Endocrinology and is enrolled in the Endocrine Specialty Certificate Program at Duke University School of Nursing. Her goal as a future NP is to help prevent the onset of diabetes by utilizing the latest evidence based research.

Interests:

Diabetes / Pre-diabetes



Salsa Deshmukh

ENS Advocacy in Action:

Senate Advances its FY 2024 Appropriations Bill While House Bill Stalls: Endocrine Society Continues to Advocate to Protect NIH, CDC from Funding Cuts

On July 27, the Senate Appropriations Committee released a summary of the fiscal year (FY) 2024 appropriations bill that funds NIH and other federal public health agencies; the bill was then approved by the full Committee, placing the Senate ahead of the House in the process of finalizing FY24 funding levels. Taking a drastically different approach relative to their counterparts in the House, Senate appropriators provided \$47.8 billion for the National Institutes of Health (NIH), or a \$943 million increase over the current fiscal year.....[Read More](#)



Addressing Insulin Access and Affordability: An Endocrine Society Position Statement

Rising costs have made access to affordable insulin far more difficult for people with diabetes, especially low-income individuals, those on high deductible health plans, beneficiaries using Medicare Part B to cover insulin delivered via pump, Medicare beneficiaries in the Part D donut hole, and those who turn 26 and must transition from their parents' insurance, to manage their diabetes and avoid unnecessary complications and hospitalizations.....[Read More](#)

MAKE A DONATION

Your tax-deductible donation to ENS will help Advance Endocrine Nursing & Improve Patient Outcomes

- ENS 501(c)(3) non-profit society
- ENS is staffed by members who volunteer
- Funded by tax-deductible donations
- ENS has no office space and no employees

All donations are tax deductible as a charitable contribution

[Click Here to Donate](#)



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ENS is extremely grateful for the generous contribution of our sponsors who continue to advocate for

our society's mission:

To support endocrine nursing education, research, and publication efforts.