

**Registration Form PLEASE PRINT**  
**ENS Endocrine Symposium October 19, 2019**  
**6.00 AAPA category 1 CME credits applied**

First Name: \_\_\_\_\_  
 Last name: \_\_\_\_\_  
 Degree(s): \_\_\_\_\_  
 ENS/ASEPA member [ ] Non-member [ ] Houston Hospital [ ]  
 Home Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Sate: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Email: \_\_\_\_\_  
 Practice name/Affiliation: \_\_\_\_\_  
 Practice Email: \_\_\_\_\_  
 Specialty: \_\_\_\_\_

**SPECIAL OFFER: 2 for 1 Register 2 colleagues for the price of 1**

First Name: \_\_\_\_\_  
 Last name: \_\_\_\_\_  
 Degree(s): \_\_\_\_\_  
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 Practice name/Affiliation: \_\_\_\_\_  
 Practice Email: \_\_\_\_\_  
 Specialty: \_\_\_\_\_

**ENS REGIONAL ENDOCRINE SYMPOSIUM**

**October 19, 2019**

Houston Methodist Hospital  
 Room: Rio Grande, 1st Floor  
 6565 Fannin St.  
 Houston, Texas 77030

| Register by mail or<br>www.endo-nurses.org<br><br><i>No registration refund after<br/>October 1, 2019</i> | Early Bird<br>Registration<br>Deadline<br>10/18/2019 | Onsite<br>Registration |
|---|--|------------------------|
| ENS / ASEPA members   | \$25   | \$50                   |
| Non-members   | \$75   | \$100                  |
| Houston Methodist<br>Employees  | \$40   | \$60                   |

**SPECIAL OFFER: 2 for 1 Register 2 colleagues for the price of 1**



**REGISTER NOW!**

[Register](#)

**Mail registration and check payable to:**  
 Endocrine Nurses Society  
 Attn: Molly Solares, ENS Treasurer  
 2991 E Beechnut Place, Chandler, AZ 85249

**Registration fee includes:**

Symposium, continental breakfast, lunch, program materials  
 and continuing education credits.

**Refund and Cancellation Policy:**

ENS reserves the right to cancel or change the program for  
 due causes. Cancellation of the program by ENS will result in  
 a full refund of tuition. ENS are not responsible for the refund  
 of travel or hotel expenses under any circumstances.



**Endocrine Nurses Society**

**Regional  
 Endocrine  
 Symposium**

Saturday  
 October 19  
 2019

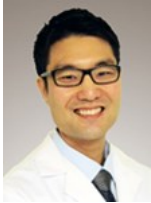
Houston Methodist  
 Hospital  
 Houston, Texas  
 USA

## Faculty



### Christine Yedinak, DNP, FNP, RN

*ENS President; Editor 'The Advanced Practice in Endocrinology' text book; Assistant Professor, 15 yrs NW Pituitary Center Oregon Health & Sciences University, Portland, Oregon*



### Ji Hyun Chun (CJ), PA-C, MPAS, BC-ADM

*ASEPA President; OptumCare Medical Group: Endocrinology Orange County, California*



### Melanie Westfall, MSN, FNP-C

*ENS Secretary, general endocrine adult care provider in Phoenix, now in rural underserved community Asante Physician Partners, Grants Pass, Oregon*



### E. J. Milas, DNP, APRN

*Family practice clinic in urban underserved Phoenix area, specialty lipids & role of fatty acids in cardiovascular disease Redemption Wellness LLC, Gilbert, Arizona*



### Steven Petak, MD, JD, MACE, FACP, CCD

*Division & Service Chief Endocrinology, NASA Consultant, Houston Methodist Hospital, Houston, Texas*



### Moderator

### Joan Damon Simon, MBA, RN

*ENS President 2016-2018 Houston, Texas*



Est 1988

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TIN 94-3193255

## ENS Regional Endocrine Symposium

Endorsed by ASEPA

Saturday October 19, 2019

7:30am - 3:00pm

Houston Methodist Hospital

Houston, Texas

- 0730-0800 Registration, Continental Breakfast, Exhibits
- 0800-0900 **Gland Mastery: Lessons from the Pituitary**  
*Christine Yedinak, DNP, FNP, RN*
- 0900-1000 **It's Gotta Be My Thyroid: Navigating Through Common Thyroid Disorders**  
*Ji Hyun Chun (CJ), PA-C, MPAS, BC-ADM*
- 1000-1030 Coffee & Exhibits
- 1030-1130 **Management of Lipids Beyond LDL**  
*E. J. Milas, DNP, APRN*
- 1130-1200 Lunch (provided) & Exhibits
- 1200-1300 **The Way to a Patient's Heart is Through Their Diabetes**  
*Melanie Westfall, MSN, FNP-C*
- 1300-1400 **Bones in Space & Implications for Earthlings**  
*Steven Petak, MD, JD, MACE, FACP, CCD*
- 1400-1500 **Diagnostic Dilemmas / Q&A / Wrap-up Panel**

### Who should attend?

Clinicians (NPs, PAs, MDs, DOs), nurses and other health professionals with an interest in caring for patients with endocrine disorders. Suitable for novice and experienced providers.

### Learning objectives

- ◆ Develop skills in identifying patients with pituitary disorders
- ◆ Strengthen management skills on both functional and structural disorders of thyroid gland
- ◆ To review & navigate the treatment of lipids for cardiovascular disease
- ◆ Review clinical cardiovascular outcome trials for diabetes medications and apply them to clinical practice
- ◆ Heighten level of confidence in providing comprehensive management of osteoporosis

**6 CMEs applied to AAPA**

***NOW AVAILABLE!***

## Advance Practice in Endocrinology Nursing

Editors: Sofia Llahana, Cecelia Follin, Chris Yedinak, Ashely Grossman

*69 total chapters, numerous by ENS members  
118 authors from 15 countries*

Springer UK 2019  
order: [www.endo-nurses.org](http://www.endo-nurses.org)